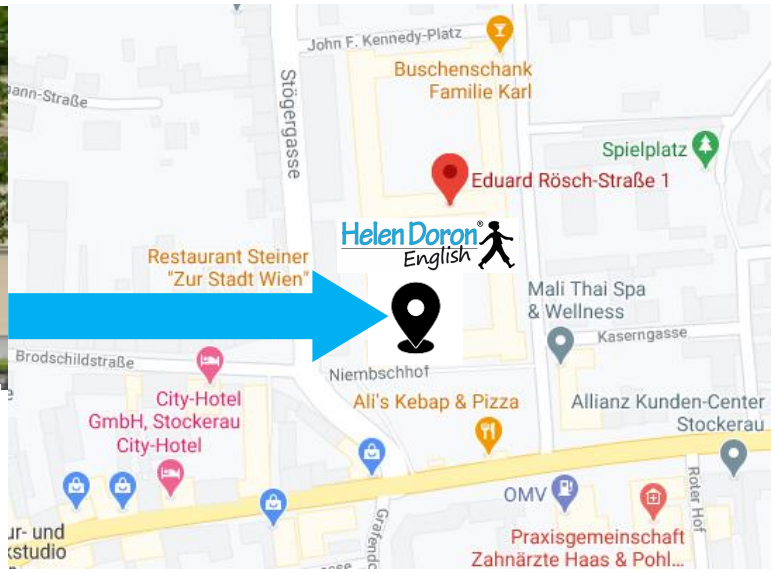Helen Doron® English